

Use your cellphone for HIV info & help!



You need the right info to help understand how to avoid getting it, managing it, and helping others cope. Now all this is available in your pocket – on your cellphone!

For all cellphones

- Get updated about HIV on World AIDS Day, 1 December 2009: send a please-call-me to **079 706 4014** (free!)
- Find a World AIDS Day event close to you: send a blank SMS to **30060** (free to Vodacom users; normal SMS rates for others)
- See a directory of services for HIV info and help: dial ***120*923#** (20c for 20 seconds)

For fancy phones

- Learn about HIV and get counselling on MXit: go to **Tradepost>MXit Mix>My Culture>Red** (about 1c to read HIV info & chat to a counsellor)
- Read a book on your cellphone! SMS one of these - EHIV (English), ZHIV (Zulu), SHIV (Sotho) or AHIV (Afrikaans) - to **32907** (R1 for SMS + about 30c to download) (find downloaded book under Games or Applications)
- Become an expert on HIV basics: use the internet on your phone to browse **redhiv.mobi** (about 30c)
- Vodacom subscribers can log on to **live.vodafone.com** and visit the Young Africa Live section to read and talk about HIV (from 1 December. Free to Vodacom)



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